

Year 4

- Preparing for transition
- Environmental change
- Confidence in change
- Being unique
- Girls and puberty
- Accepting change
- Having a baby

Year 5

- Self- and body image
- Influence of online and media on body image
- Conception
- Growing responsibility
- Preparing for transition
- Self- and body image
- Puberty for girls
- Puberty for boys
- Coping with change

Year 6

- Puberty and feelings
- Respect and consent
- Boyfriends/girlfriends
- Conception to birth
- Reflections about change
- Physical attraction
- Body image
- Self-image
- Transition
- Sexting

Year 3

- Understanding a baby's needs
- Preparing for transition
- How babies grow
- Outside body changes
- Inside body changes
- Family stereotypes
- Challenging my idea

RSE Topic Overview

Year 2

- Growing from young to old
- Differences in female and male bodies (correct terminology)
- Increasing independence
- Preparing for transition
- Life cycles in nature
- Assertiveness

Year 1

- Changes in me
- Life cycles – animal and human
- Differences between female and male bodies (correct terminology)
- Linking growing and learning
- Changes since being a baby
- Coping with change

Nursery / Reception

- Bodies
- Respecting my body
- Growth and change
- Growing up
- Fun and fears
- Celebrations